



A Light in the Darkness

How It All Began

Volume 3
Issue 1
Winter 2025

Featured
Article

“As I saw
my mother”

Prayer
Mirror

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Credit: Susana Malm

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Front cover courtesy of Elijah Ministries

Scripture

Hebrew	English	Torah	Haftarah	Brit Chadash	Midweek
VaYigash	And He drew near	Gen 44:18-47:27	Ezkl 37:15-28	Lu 24:13-27	Ruth 1-4
VaYechi	And He lived	Gen 47:28-50:26	1 Kgs 2:1-12	John 16:25-33	Ezra 1-5
Shemot	Names	Ex 1:1-6:1	Jer 1:1-2:3, Is 27:6-28:13, 29:22-23	Rom 16:1-2, Heb 11:23	Ezra 6-10
VaEra	And I Appeared	Ex 10:1-13:16	Ezkl 28:25-29:21	Acts 7:17-22	Est 1-5
Bo	Enter/Go	Ex 10:1-13:16	Jer 46:13-28	John 1:29-34	Est 6-10
B'Shalach	When He let go	Ex 13:17-17:16	Jdgs 4:4-5:31	Rom 8:1-14	Songs 1-4
Yitro	Jethro	Ex 18:1-20:26	Is 6:1-7:6, 9:5-6	Lu 4:16-30	Songs 5-8
Mishpatim	Ordinances	Ex 21:1-24:18	Jer 33:25-26, 34:8-22	Mt 5:38-42, 17:1-11	Lam 1-3:33
Terumah	Offerings	Ex 25:1-27:19	1 Kgs 5:12-6:13	Mt 5:33-37	Lam 3:33-5
Tetzaveh	You shall command	Ex 27:20-30:10	Ezkl 43:10-27	Philip 4:10-20	Joel 1-3
Ki Tisa	When you elevate	Ex 30:11-34:35	1 Kgs 18:1-39	1 Cor 8:4-13	Amos 1-4
VaYaqhel	And He assembled	Ex 35:1-38:20	1 Kgs 7:13-8:21	2 Cor 9:1-15, Rev 11:1-13	Amos 5-9
Pekudej	Accounts of	Ex 38:21-40:38	1 Kgs 7:40-8:21	Rev 15:5-8	Qbd 1-Jnh 1
VaYikra	And He called	Lev 1:1-6:7	Is 43:21-44:23	Rom 8:1-13	Jonah 2-4
Tzav	Command	Lev 6:8-8:36	Jer 7:21-8:3, 9:22-23	Mark 12:28-34	Mic 5-7
		Extra Readings	For Holy Days		
Purim	Lots	Ex 17:8-16	Esther 1:1-10:3		

Women of the Bible

Ruth is well known with a book named after her and four chapters that summarize her life. We are familiar with her dedication and commitment, which is well described in the first chapter, but I would like to step in deeper.

When I hear committed, I think that a decision is made regardless of consequences. There have been times that I have reconsidered my commitment, though in the end, I stayed committed. As I reflected on Ruth, I noticed she didn't reconsider

(Women of the Bible continued)

her decision to go forth with Naomi to Bethlehem. This gives us a very important clue about her.

We are reading about a young woman who either was making a dangerous choice to enter enemy territory (with no male protection), or she was so set in her heart (and mind) to worship Yahweh, that she didn't acknowledge any other options.

Ruth was resolute. She made up her mind a long time before this moment of departure to forge ahead as a worshiper of Yahweh. She had cast off her native Moabite ways and embraced the lifestyle of her Israelite in-laws, right down to the essence of their culture: worshiping Yahweh. By the time Naomi gave her blessing before departing, Ruth was steadfast in her choice, integrated in her daily life.

I have read this book countless times and only once has it occurred to me that Ruth never chided, pressured, or influenced Orpah to come along. She didn't exert herself

over her sister-in-law in any way. Ruth made her own choice without expecting anyone else to follow. She didn't draw attention to the choices she made, nor did she have expectations of others. She was set in her own mind.

Lessons to Learn from Ruth

1. Resolution comes from a heart totally resolved in a decision. Ruth was resolute in her declaration to Naomi. Become resolute in your walk with Yahweh and following in the steps of Yahushua.
2. Be steadfast in daily life. Ruth made up her mind to go with Naomi. She was steadfast. She lived her life centered around Yahweh. Ruth knew that it's not how Yahweh and Yahushua fit into daily life, but how daily life fits around Them.
3. Respect the choices of others. Ruth didn't try to convince Orpah that she was making the wrong decision. There is no record of chiding, condemning or arguing



with Orpah. Ruth sets the example that living Yah-centered will be louder than any number of words we speak.

4. Live life wholeheartedly. Ruth did not depend on the opinions of others to make her choices. She did not

look for popularity. Living in the age of fast-paced social media, it can be easy to get caught up in the notions of popularity. Our walk in Torah is about bringing glory to Yahweh and Yahushua, not ourselves.

Saige Jenkins

Bible Study

“As the deer pants for the water brooks, so pants my soul for you, O Yahweh.” (Psalm 42:1, NKJV now and throughout)

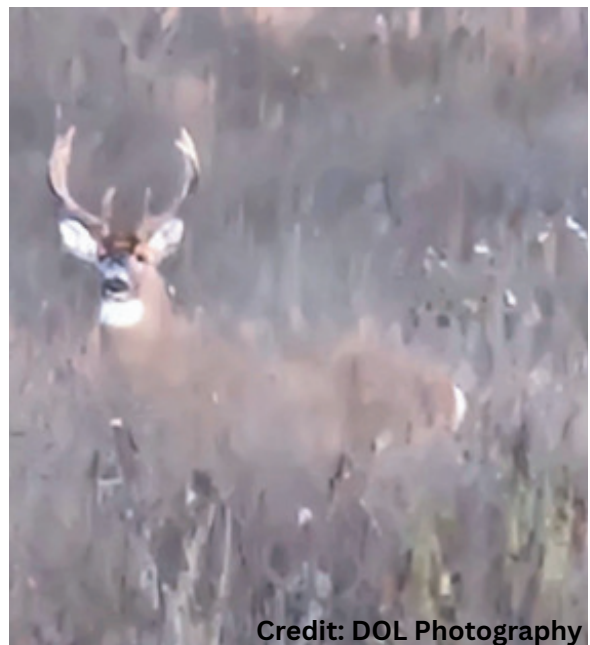
As a girl I (Vanessa) heard this song “As the Deer” with lyrics that go like this:

As the deer panteth for the water
So my soul longeth after Thee
You alone are my heart's desire
And I long to worship Thee
You alone are my strength, my shield,
To you alone may my spirit yield
You alone are my heart's desire
And I long to worship Thee.

Now that I've got that song stuck in your head (for those of you that know it) let me tell you why I opened with that. Tonight I was given a few scriptures of Vicky's that she loved

and that was one of them.

How perfect a statement that is. The writer truly knew how to describe his thirst for Yahweh: panting like a deer searching for water. Although Yahweh is much easier for us to find than for a deer to find water, our panting and desire is much the same. To hunger and thirst



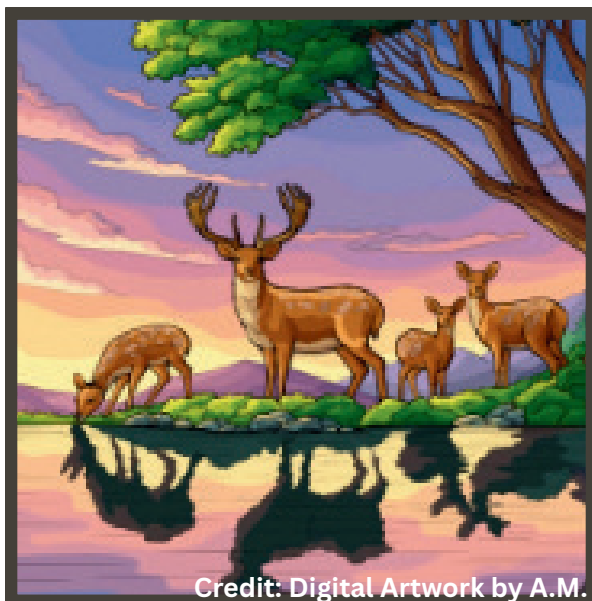
Credit: DOL Photography

(Bible Study continued)

for righteousness is such a beautiful thing!

Panting: to long for (H6165). [Panting] pictures the desperate, audible panting of a creature that must reach water or die. Scripture harnesses this visceral scene to portray the soul's essential need for [Yahweh] Himself, not merely for His gifts. The verb therefore functions as a living parable: physical thirst mirrors spiritual longing. (<https://biblehub.com/hebrew/6165.htm>)

Panting... I needed to further explore this word with a Google search. What I've come up with is panting is defined as breathing with short, quick breaths or out of breath. I furthered the search to panting deer to see if the meaning had



changed. The internet, to my surprise, described this well.

“Panting deer” gives the result of a biblical metaphor from Psalm 42:1 that symbolizes an intense and desperate spiritual longing for Yahweh, likening a person's soul-thirst to a deer's urgent need for water to survive. (Google, panting deer, 10/29/2025)

Now, I don't know about you, and I can't speak for you, but if I can speak for myself, then I can tell you I need Yahweh to survive! Just as much, if not more than I need water. Water is essential but I'd rather live without water for a time, than without Him for a time. The search under the same citation continues to say the phrase can also represent a deep yearning for Yah, a fervent worship, or a state of desperation, loneliness, and anguish. That was it. Desperation. I am desperate for His presence like the deer is desperate for the water. I don't physically pant for Him like the deer does but metaphorically, I do.

I (Saige) couldn't agree more. When I read Psalm 42:1, I think of thirst. I remember the days where I have been thirsty, almost dehydrated. My mouth feels thick

because the saliva is scarce. It's hard to talk and convey my thoughts. Actually, I'm not thinking of much, but for a drink of water. Water has a way of refreshing us. How much more should we search with the same intensity for Yahweh to be with us?

Matthew 11:28-30

The NKJV records Matthew 11:28-30 this way: *"Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light."*

Verse 28, rest (G373):

1. (reflexively) to repose, to rest
2. (literally or figuratively) to be exempt, to remain
3. (by implication) to refresh
(<https://biblehub.com/greek/373.htm>)

I (Vanessa) sincerely struggled with this portion of scripture for many years. Rest? I'm an American. What do you mean rest, Abba? Between work, sleep, maintaining a house, feeding myself, and putting gas in the car (being funny here) there is no

time to REST! I allowed my mind to 'consider the time.' People in Messiah's day weren't so busy. What did they have to do? Fetch water, make bread, make babies, and sweep dirt floors? Okay, I can see how they had time to rest. Certainly, this isn't applicable to my day and time and certainly this could not be for me.

I remember when one of my adopted moms, Ama, had a hysterectomy. She told us all how excited she was because she was going to have 3 weeks to lay in bed and read her Bible. She was ecstatic! That stuck with me. I was sixteen. I remember looking forward to that particular procedure so I too could spend that much time with the Father. Then, I grew up. Not only do I never want to think about having such a procedure done to my body but I also now know how much rest He truly does give us! He does that on Sabbaths, on high holy days, on Sukkot, and on Atonement. Not to mention when we are fully obedient to Him and His will the other worries of the world dissipate.

Verse 29, take (G142):

1. to lift up

(Bible Study continued)

- 2.(by implication) to take up
or away
- 3.(figuratively) to raise (the voice),
keep in suspense (the mind)
- 4.(specially) to sail away (i.e. weigh
anchor)
- 5.(by Hebraism) to atone for sin
([https://biblehub.com/greek/
142.htm](https://biblehub.com/greek/142.htm))

Yoke (G2218):

- 1.A coupling
- 2.(figuratively) servitude (a law or
obligation)
- 3.(literally) the beam of the
balance (as connecting the
scales)
([https://biblehub.com/greek/221
8.htm](https://biblehub.com/greek/2218.htm))

Rest (G372):

- 1.Intermission
- 2.(by implication) recreation

Concentrate for a moment on verse 29. He gives us instructions! Take My yoke upon you - I take that to mean do as I do. Do as the Messiah does. Learn from Me - I take that to be, watch what I do. Lastly, you will find rest for your souls. It's a promise! A promise from Messiah is as good as a dollar bill in your hand.

It's valuable. You can take it at face value. If we do what the Messiah does and if we watch and observe Him to do what He does and says to do now we have a promise.

Verse 30, yoke (G2218), see verse 28 listing.

Easy (G5543):

- 1.Employed
- 2.(by implication) useful (in
manner or morals)
([https://biblehub.com/greek/554
3.htm](https://biblehub.com/greek/5543.htm))

Burden (G5413):

- 1.An invoice (as part of freight)
- 2.(figuratively) a task or service
([https://biblehub.com/greek/541
3.htm](https://biblehub.com/greek/5413.htm))

Light (G1645):

- 1.Light, i.e. easy ([https://bible-
hub.com/greek/1645.htm](https://biblehub.com/greek/1645.htm))

Moving on to "My yoke is easy and My burden is light." Oh boy! That one used to sting! That was when I was stuck in a Sunday Christian church way of doing things. That was burdensome alright. Not to mention there was almost nothing

about it that wasn't frustrating, boring, infuriating and downright pointless. I digress. Following His Torah outside of man's church is a delight and is not burdensome! Vicky had some really great favorites. I just know I would have adored her.

I (Saige) used to have trouble imagining an easy yoke. My imagination took it literally and it always saw an empty yoke: that would be easy. Studying the Greek words helped open up my understanding. Now I picture a pile of paper with all the rules and regulations, one from the traditions of man, and one from Yahushua. The one from Yahushua is a simple piece of paper of which He asks for my employment for the Kingdom of Heaven.

The burden Yahushua asks us to carry is really no burden at all because our hearts are filled with joy and love and a desire to serve Him. He carries the heavy load for us. The weight of our sins, pains, and sorrows are no longer ours to carry. I feel light already!

Luke 16:10

Luke 16:10, *"He who is faithful in what is least is faithful also in much; and he who is unjust in what is least*



Credit: Terry Truskey

is unjust also in much."

Faithful (G4103):

- 1.(Objectively) trustworthy
- 2.(Subjectively) trustful
(<https://biblehub.com/greek/4103.htm>)

Least (G1646):

- 1.Least (in size, amount, dignity, etc.)
(<https://biblehub.com/greek/1646.htm>)

Much (G4183):

- 1.(Singular) much (in any respect or (plural) many, (neuter singular as adverbial) largely, (neuter plural as adverb or noun) often, mostly, largely
(<https://biblehub.com/greek/4183.htm>)

(Bible Study continued)

Unjust (G94):

1. Unjust
2. (By extension) wicked
3. (By implication) treacherous
4. (specially) heathen

(<https://biblehub.com/greek/94.htm>)

As a child I (Vanessa) lived in a few more foster homes than I would have liked to. During this time my baby brother and I were in regular church attendance and one of those churches where tithing and giving was all but over fed to the point of choking. I remember very clearly one Sunday morning there was an offering for a feeding program in Sri Lanka. My brother gave twenty dollars of his monthly allowance. You've got to understand my brother hardly had anything. We were in a new foster home that gave us the

opportunity to earn money and at times he'd be without basic fundamental necessities. He chose that day to give twenty of his precious dollars. Since then, my brother has been abundantly blessed in the most unimaginable ways. He has had the very best of the very best of things and also he is completely humble. I did not give but like two dollars to that offering. I'd been to the pastor's house. It was a 7,000 square foot mansion and they did not need any money! So I gave but I was not giving that much. I have been blessed too but quite differently than my little brother. I often think about it. I know that my brother showed Abba where his heart was that day. It taught me something I'll never forget.

Vanessa and Saige



Credit: Jessica Rivera

Natural Remedies

Hi ladies!

This issue is so different from what we typically do. We are focusing on honoring the woman who began this fabulous sisterhood, Vicky, who I did not have an opportunity to meet. I gotta tell ya, the little I know about this woman I believe I would have adored her! During a weekly meeting, I was given a list of herbs that she favored. On the list I was able to find one herb that has been made into a remedy. That herb is known as Marsh Mallow Root. This remedy is made the same as all other remedies are made with instructions from the Organon, sixth edition, from the founder of Homeopathy himself, Dr. Samuel Hahnemann. Those instructions start with the substance; that substance is then diluted, triturated, and potentized to the desired potency.

As an herb I cannot tell you a thing about it. As a remedy I had to learn. It is not in the three Materia Medica books I use. That just tells me that the proving is newer than the late 1800's. That's ok. I like new stuff! I like to learn new remedies and this

seems like one I'd like to have on hand anyway. Praise Yah for new things and education!

Marsh Mallow Root as a remedy is called *Althaea officinalis*, pronounced al-THEE-uh its scientific name for the Marsh Mallow plant (Google, 10/31/25). It looks harder to pronounce than it is. Althea breaks down to mean healer or healing herb (Google, 10/31/2025) and officinalis breaks down to mean belonging to the storeroom whose modern use, indicates a plant that has been historically valued, whether for medicine, food, or other uses. (Google, 10/31/2025). This remedy and article is no different in that I don't recommend taking this remedy just because you have a dry cough or a respiratory disturbance. Do your diligence before putting medicine in your body! Even though it's 'natural' that does not necessarily mean that it is harmless. It is medicine and it does do something when you ingest it.

Now, to the good stuff! *Althaea officinalis* has been traditionally

(Natural Remedies continued)

used for the management of dry coughs and respiratory complications. Not to exclude sore throats. Manboubi, M. (2020)

Marsh Mallow (*Althaea officinalis*) and Its Potency in the Treatment of Cough. Karger.com

It may be important to note that the marshmallows we are now familiar with (presumably the ones that are vegan to avoid pork gelatin) are not made with this plant any longer. At one time this was the norm. That was long before my time. I've only been accustomed to

the overindulgent, sugary substance that now makes up marshmallows. However, if you would like to make marshmallows the old-fashioned way, knock yourself out! There is a full recipe and step-by-step instructions on the site growforagecookferment.com/home-made-marshmallows/.

You're welcome. I'd love to know if you do this. It's very 18th century.

I hope you ladies are using remedies as needed and that you are diligent in your use. Vanessa

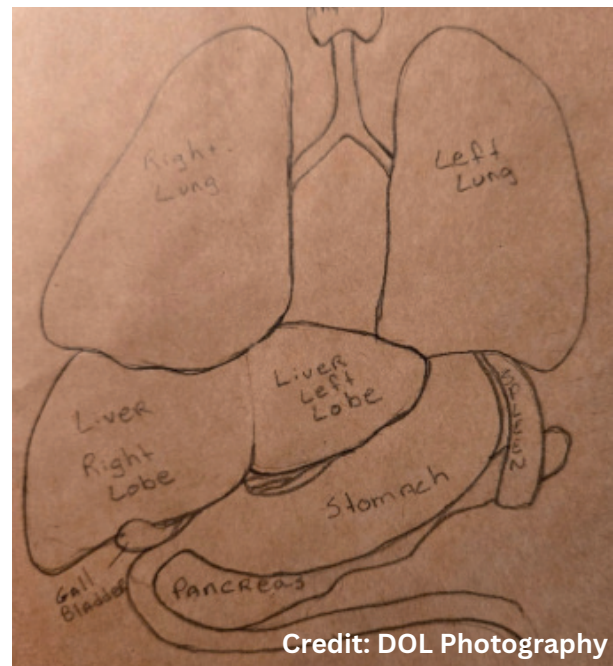
Credit: [Gardening Knowledge](#)

Essential Oils

Healing, Detoxifying and Supporting the Liver

Stress is a major contributor to liver dysfunction and disease, especially psychological stress. We will focus on supporting, cleansing, healing and protecting the liver.

The liver assists in over 500 processes in the body, making it an extremely important organ and critical for it to be working optimally. Filtering and processing waste and bilirubin out of the blood, sending



Credit: DOL Photography

it out as feces.

For liver detoxification, these (hepatic) oils come to mind: eucalyptus, peppermint, carrot seed, rosemary, spearmint, fennel, German chamomile, dill, and helichrysum.

For fatty liver disease, I would use rosemary, ginger, and melissa. For non-alcoholic fatty liver disease, I would use copaiba and black pepper. Both are very beneficial.

For stress, a “grounding blend” (blend of oils) or lavender, geranium, vetiver, clary sage, and chamomile.

Castor oil is my “GO TO!” carrier oil for liver treatments. I apply topically, directly over the liver (located on the upper right side of the abdomen). It can also be topically applied on the arch of the right foot, on the liver and gall bladder meridians on the inside of the legs, below the knee.

If we decide to use essential oils with a carrier oil, then it's best to use a compress, hot and cold, alternating five minutes at a time for 30-45 minutes for best effectiveness. When you are massaging these oils into the meridian, take some time to concen-

concentrate on any sore spots.

Reapplying a few times a day seems to be more effective. Also, when you use essential oils to address stress, apply these to the base of the skull and at the pulse points. Alternatively, they can be used in a diffuser.

List of Essential Oils and Their Benefits

Chamomile (German):

Tonic for the digestive

and liver. Helps to cleanse the blood and eliminate through stimulating the liver.

Ledum: Cleanses, harmonizes, balances.

Juniper: Tonic and detoxifying effect on the liver which helps in the elimination of waste products.

Helichrysum: Supports cleansing of blood and helps to cut through held anger.

Lavender: Calms, reduces stress, promotes feeling of well-being.

Fennel: Assists in protecting the liver from some toxins, antiseptic and tonic effect on the liver as well as supports digestive functions.



Credit: DOL Photography

(Essential Oils continued)



Credit: DOL Photography

Carrot seed: Rejuvenates, antifungal.

Eucalyptus: Relieves congestion, anti-inflammatory.

Vetiver: Reduces stress and anxiety.

Cypress: Relieves congestion in the liver.

Clary Sage: Reduces feelings of anxiety and depression, promotes sense of well-being and contentment.

Geranium: Aids the liver by removing toxins and dilating bile ducts.

Copaiba: Speeds healing and reduces pain.

Lemon: Relieves congestion in the liver.

Black Pepper: Invigorates and warms.

Peppermint: Stimulates healthy bile flow from the gallbladder and liver; supports a healthy digestive system and increases circulation. (Use with caution if you have liver disease.)

Thyme: Relieves congested liver.

Turmeric: May inhibit fat accumulation on the liver.

Rosemary: Cleanses the blood & flushes toxins from the liver; said to be the most beneficial essential oil for the liver; has a tonic effect, encouraging it to work more efficiently. At times, used to treat cirrhosis and jaundice.

Premade Blends

JUVA Flex (Young Living, YL): Helps cleanse the liver and detoxify the lymph system.

JUVA Cleanse (YL): Helps cleanse and detoxify the liver.

Zendocrine (Doterra): Supports the body's natural ability to naturally purify and detoxify the liver and body.

Angela



Credit: DOL Photography



Embracing the Bounty

of Foraging Herbs That Support the Liver & Heart

As a certified herbalist and clinical aromatherapist, I've spent years wandering forests, fields, and quiet roadsides all across the United States—learning the plants that Yahweh, our Creator, has placed in each region. No matter where I've lived, I've always found that nature meets us with what we need right where we are.

Some plants are beautiful to look at, some are wonderful to eat, and some carry powerful gifts for the body—especially for our liver and heart. These two organs work tirelessly behind the scenes. They filter, circulate, detoxify, nourish, and keep us going. Yahweh's creation offers us remarkable allies to support them.

There is far more information than I can ever cover in a single article, but here are a few of the liver (and heart) supporting herbs I return to again and again.

Liver-Supporting Herbs

Milk Thistle (*Silybum marianum*) If liver-supporting herbs had a “most popular” category, milk thistle would

be at the top. The seeds contain a compound complex known as silymarin, which helps protect liver cells from chemical damage. Research has shown that milk thistle can help regenerate liver tissue and even support recovery from toxin exposure—including certain mushrooms. It's a reliable tonic for anyone wanting to gently strengthen and protect liver function.

Dandelion Root & Leaf (*Taraxacum officinale*, photo below) is one of those plants that proves how generous nature truly is. Often dismissed as a weed, it is actually a powerful liver and blood purifier.



Credit: Kayla Carter

(Embracing the Bounty continued)

The root helps clear obstructions and stimulates the liver to eliminate toxins. The leaf acts as a natural diuretic, helping the body flush waste more efficiently. For stomach upset, a half cup of dandelion root tea every 30 minutes can bring surprising relief. For liver cleansing, many herbalists use 1 cup of root tea 3 - 4 times daily. This is a plant that works deeply, gently, and generously.

Ginger (Zingiber officinale) is beloved for its warmth and ability to calm an upset stomach, it also carries impressive anti-inflammatory and antioxidant properties that support the liver. The antioxidants in ginger help protect against cellular damage and may reduce fat accumulation in the liver. It has even been studied for its helpful role in non-alcoholic fatty liver disease. Fresh, dried, powdered, in capsules, or added to smoothies, ginger is one of the most versatile herbs you can keep on hand.

Artichoke Leaf (Cynara scolymus), known for its edible flower but the leaves are where the concentrated liver-supportive compounds live. Artichoke leaf tea is intensely bitter,

but that bitterness is part of what makes it so powerful. A traditional preparation uses one teaspoon of the leaf steeped for 20 minutes in a cup of hot water, taken up to three times daily. For those who prefer to avoid the taste, the dried powdered leaf works beautifully in capsules.

Artichoke is also unique because it supports both the liver and the heart, making it a wonderful bridge between the two systems.

Heart-Supporting Herbs (with Bonus Liver Benefits)

Hawthorn (Crataegus spp.)

Hawthorn is one of the most respected cardiac tonics in western herbalism. Research suggests that the whole plant—berries, leaves, and flowers—works better together than any single part. Hawthorn helps improve circulation in and around the heart and is often used long-term for gentle, steady cardiovascular support. It can be taken as a tincture, tea infusion, or in capsules. It's a plant of nourishment, not quick fixes, strengthening the heart without straining it.

Motherwort (Leonurus cardiaca)

True to its name, motherwort

carries a comforting, steadying presence. It promotes healthy circulation, helps dissolve small clots, and supports the cardiovascular system without pushing or overstimulating it. It's also a wonderful ally for heart palpitations, especially those fueled by anxiety.

Interestingly, motherwort's benefits don't stop at the heart; it offers hepatic (liver) support as well. This makes it a beautiful tonic for the whole circulatory flow of the body.

Passionflower (Passiflora incarnata) is often known for its calming effects, but its benefits reach further than the nervous system. Its leaves support both the liver and the heart, especially in moments of tension or overwhelm.

Because it relaxes and soothes, passionflower pairs well with stronger tonics like ginger, milk thistle, and motherwort in tea blends—bringing emotional harmony alongside physical support.

It's a reminder that healing often comes not just from what we take, but from how we breathe, rest, and let peace settle the body.

Credit: Kayla Carter

A Final Word on Tonics

Tonic herbs are the slow-and-steady workers of the plant world. They don't override the body, instead they support its natural functions. Most tonics have whole-body benefits, yet each one has a particular system where it shines.

In this season of embracing the bounty of foraging, these plants invite us to remember that we are designed to work with nature, not apart from it. Whether you sip them as tea, sprinkle them fresh into meals, or work with them as tinctures or capsules, these herbs offer gentle, time-honored support for two of our most vital organs. May we continue to learn from creation, honor the gifts Yahweh has placed all around us, and steward our health with gratitude.

If you would like to learn more from me or see what products I have to offer, you can find me on Facebook under Kayla Carter or at my website:

www.kaylasnaturalinspirations.com

Have a blessed day!

By Kayla Carter,
Certified Herbalist & Clinical
Aromatherapist

Plants for the Service of Men

Let the Lost See the Light!

Acts 26:18

Shalom lovely daughters. I pray the chill of the night is drawing you closer into the arms of the Most High! I know for myself, during these times I need to snuggle a little more up to the Father so I can fight off the winter blues and the desire to just be inactive. I notice my children tend to want to slow down on their school work, it's harder for my husband to get up out of bed, and the house over all desires to be shut in not wanting to face the bitter cold that meets us at the door. It's the time when we have to fight off depression and sicknesses. If we aren't vigilant during these cold months we may be like the one who buried his talent, because he didn't exactly know what to do with it, and sometimes, even though we have come to accept Yahushua as our Savior, even outside of the set cold season there are times when we still find ourselves lost, not knowing what to do with the talent that Yahweh has given us.

Oftentimes, it is in these moments when the enemy tries to tempt us.

This is when he begins to throw his fiery arrows, hoping that one lands and causes us destruction; but have you noticed, a lot of times these things happen during a season where we are going to be sprouting in the ministry Yahweh has for us? During that time is when Yahweh is preparing us for the next journey in our life; it always amazes me that just like the seeds that are planted in soil, all we can see in those moments is the darkness around us. We feel the cold surrounding us and we are patiently (sometimes impatiently) waiting for the moment. It's where we can see the sunshine again, when we can acknowledge and see Yahweh working in our lives. Do you remember a moment when you've felt like this?

It's these moments, these memories, that we can use to help evangelize and minister to those who are lost. It is the testimony of us sprouting up and reaching for Yahushua in our darkest times that we can understand and empathize with those who are yet to surrender to the Most High Elohim. Not only



Credit: Courtesy of Canva graphics

these moments during our salvation journey, but furthermore, we must continue to remember that we were once completely lost, cut off from the root of Yahushua and we ourselves needed a heart change. We needed to be cleansed, stripped from the flesh around us and roots planted firm on the foundation of the Messiah. In *Matthew 4:19*, the scripture tells us that it is our job to be fishers of men (or shall I say women) and allow His Holy Spirit to work through us to change other's hearts to lead them to the Savior who gives them new life.

So, how do we as His fishermen help the lost see the light, even when sometimes we don't feel equipped? We hold onto verses like *2nd Timothy 4:1-5*, where He tells us to be ready to preach His word in season and out of season, where He tells us to do the

work of an evangelist. This walk we are on takes a complete heart change. We must desire to lay down our lives for others so that they may see Yahweh through us. Them seeing Him through us both in and out of season will in turn have them willing to go to Yahweh. This will strengthen and change their hearts as well as ours: actions, words, heart posture during both good times and bad times. This allows others to see not our own strength but the strength of the Father. We must essentially be like a Hawthorn tree is to His creation.

Hawthorn is a rejuvenator. It increases our vitality by increasing the heart's strength, fighting off the plaque that clogs the vessels, hinders blood flow and lastly, in this case, it opens up the vessels to allow the blood to flow more freely. Is this not what His Spirit calls us to do for others? Is it not for those who have not yet seen the goodness of the Most High, whose hearts are clogged with the plaque of sin and selfish desire? Some are constricted by pain, fear and life's worries grasping on to the things around them hoping that it will fulfill a need, but ultimately hindering His

(Plants for the Service of Men continued)

blood from flowing through them. Yet His Spirit working through us, we can be like Quercetin, the flavonoid in Hawthorn; we can give them the tools to stop the plaque build up. Like Quercetin we can provide them with the necessary nutrients such as our prayers to fight off the pain and fear, or provide them with our testimony to allow them to trust that Yahushua's blood still has power today. We can show them that through His Holy Spirit's power, His blood can flow through them freely. Yahweh did not just bless Hawthorn with Quercetin, just like He didn't just bless us with our cold seasons and His listening ear through prayer, no, He has also blessed Hawthorn with Oligomeric procyanidins (OPC). This is a vital component of the plant for our heart health, because it is responsible for strengthening our heart. It (OPC) specifically increases the blood flow to the heart muscle, not the skeletal muscles. This blood flow increases the heart's contraction strength, aids in muscular regeneration, and reduces oxidative stress in the body by allowing the blood to create enough antioxidants to remove free radicals. The strength and effect of this component remind me so much

of Yahweh's Spirit, His Spirit that flows through our bodies and strengthens our hearts, strengthens our minds, leads others to see just how strong we are even in this world that can be so full of free radicals. How can we give the lost His Spirit? Isn't that Yahweh's job?

Let's take a look at *John 1:1*. It tells us that in the beginning was the Word and the Word was with Elohim and the Word was Elohim. By sharing the Word of truth with the lost we can give them Yahweh; we can give them encouragement, and ultimately, give them life. There is a word for every situation in the Scriptures, whatever someone may feel, whatever they may be going through. You can use Scripture in a unique way through your language to present His Word to others. You don't have to quote the verse and chapter. In ancient times, there were no verses and chapters to quote. You can simply quote His Word.

I think of a time when someone presents the argument of "how can you believe in something you don't see?" The response can be "We don't see where the wind blows or where it is going, but we hear the sound of it, we feel its chill and we

sound of it, we feel its chill and we know it is there. This is the same with Yahweh; although we can't see Him, we know He is there by how He interacts with us and the world around us."

This is just one way to respond (stemming from *John 3:8*) but there are countless verses that we can use to exemplify His existence. By giving the lost His Word, by spreading His gospel, we give them His blood flow, and allow His blood to pump away anything within their hearts, bodies, and souls that go against His Truth. We destroy the free radicals of the mind that tell them that He does not exist or that they may not be worthy enough to receive His salvation. His Word tells us that while we were still sinners the Messiah died for us. He reconciled us to Yahweh by His death through His blood, He sacrificed for us and rose so that we may live. What a glory it is to Him when we step out of our comfort zone and spread His Word so that others may live also. We have a commission, that commission is to lead others to His marvelous light. Yahushua's goal is also our goal, but we aren't leading people to us; we are leading them to Him. He makes His goal clear. In

Acts 26:18, "He desires the nations to open their eyes and turn from darkness to the light, turn from the power of Satan to the power of Elohim so that their sins may be no more and they may receive a blessed and beautiful inheritance only available to those who have faith in Him.

What a blessing it is that He has given us this assignment to bless others through His Word, His power and our prayers. May we do the work that Hawthorn does to the body, strengthening hearts, giving tools to remove sin, pain, and fear and ultimately making way for Yahushua's blood to flow through the nations. May we desire what Vicki desired and may we put it in action so that we may "let the lost see the light!" HalleluYAH!

Jona



Credit: Georgia Boston

Featured Article

(This article is from an interview with Neil about his wife, Vicky Bornhoft.) When his phone rang, Neil picked it up.

“Oh? Who is this?”

It was a woman who wanted to talk with his wife, Vicky. She kept trying to call Vicky’s phone number, but somebody else had it, so she thought Vicky had changed her phone number. She had Neil’s number and called him. He had no idea who she was. None.

This woman, when she called, wanted to talk with his wife, Vicky. She kept trying to call Vicky’s phone number, but somebody else had it, so she thought Vicky had changed her phone number. She had Neil’s number and called him. He had no idea who she was. None. It was so bizarre to him hearing her ask for Vicky, since she had already passed a couple of years prior to that. This woman had no idea. She said, “I need to talk to her, let her know what’s happened in my life, since the last time we talked.”

“Well I’m sorry to tell you Vicky’s passed away.”

“No! NO!”

She just started crying, carrying on. Neil didn’t know what to do. He didn’t even know who this woman was. He waited and when she finally calmed down, she began sharing.

“Vicky saved my life. She saved my marriage and my children.”

She explained everything his wife



Credit: Courtesy of Sady DeLapp

had done.

"I called Vicky every day for at least six months, and she helped me through all this stuff. She showed me how to forgive and forget."

As a result of that, the last two years have been incredible with her children, and she wanted to tell Vicky that.

Neil replied, "Well, I'm sure she knows. I'm sure she knows."

The woman could not believe that Vicky had passed away before she could say something to her. She had quite the testimony and she told her friends about Vicky and gave them her number.

Neil said, "Well that's not going to do well. Have them call me or the ministry. She's gone."

Daughters of the Light, Established 2014

Vicky Bornhoft is the woman who initially began the Daughters of the Light, back in 2014. It was a simple start, humble beginning, but it opened a door for ministry at Sukkot (Feast of Tabernacles). Elijah Ministries needed a replacement for the women's meeting and Tom asked Vicky.

"Well, Vicky, why don't you do it?"

She thought to herself, *Oh no, not me.*

Neil liked the idea. "Yeah, Babe, you can do it!"

She wanted to change the name of the meeting. Neil asked, "Oh yeah? What are you going to call it?"

Thinking about it for a minute before continuing. "Daughters of the Light because that's what we are."

That was the moment when it became Daughters of the Light. Neil recalled that first year when she spent four to five months putting it together, making decorations for the table, what kind of agenda they were going to have, and how they were going to do it. Back then, Sukkot was celebrated at the Garrison's campground. He described how she worked herself into a frenzy. There were probably 60-70 women at the first Daughters of the Light meeting. She had her daughter, Sady, sing some songs and some other women that she knew give testimonies. Neil said it was "a tremendous hit."

The next year, there were more women attending and she got other women involved to make things and do things. She became quite an administrator. It wasn't Vicky per se

(Featured Article continued)



Credit: Courtesy of Sady DeLapp

doing it. She got other women involved to help and to make it go. She recognized that without the help of other women, she couldn't do it. Ever since, it's been a success. Yahweh had blessed it and Vicky had the honor of getting it started. She would tell you that she's nothing special; she just did what she thought Yahweh wanted her to do.

Vicky's Background, Briefly

Years ago, Neil returned from Southeast Asia. He was racing for Kawasaki Motors and was at a big national event. Sitting on a rather

large log, waiting for his second race, he noticed this gal come bouncing down and sit about six feet from him on the same log. She had a little girl with her.

He thought, *Oh man! She's probably married.*

He let it go and refocused his motives towards the race. When he returned to the log, she came back down and sat on the log, sitting this time five feet away, and alone. Neil broke the silence. "Oh, where's your daughter?"

"What?" She responded, caught off-guard by his comment.

“Where’s your daughter?” He repeated.

“That’s not my daughter! That’s my little cousin!” She exclaimed.

He thought, *Whoa! Alright!*

They sat, talked, and enjoyed each other’s company. She was a United Airlines stewardess who lived in Kansas City but stayed in Chicago to pick up her flight and be gone from three or four days to an entire week.

Neil didn’t waste any time. “Oh, that’s great! Next time you’re in town, give me a call and we’ll go out.”

She said, “Okay.”

She came back and was she going to call Neil? After all, he was a dirty looking, old motorcycle rider, but her brother talked her into calling him. She did.

Neil said, “Hey! You want to go out and do some dancing and stuff?”

She said, “I don’t dance,” (Neil thought, *Uh oh. What did I say?*) “But I do like ice cream.”

Well, hey! Baskin-Robbins! He piped in, “Well how about Baskin-Robbins?”

“Oh, that’ll be great!”

Borrowing his boss’s big Harley Davidson’s big street bike, Neil picked her up and they went down to Baskin-Robbins and had ice cream.

Vicky got right down to business. “Listen, I need to straighten this stuff out before we even get started here.”

“What do you mean?”

“Okay, I gotta tell you the truth. I am a Christian. I believe in the Messiah, and you need to believe in Him also.”

“Well, upside potential is we’ll see what happens, I know that I can probably talk around all this stuff and we’ll go on down the road.”



Credit: Courtesy of Canva Graphics

(Featured Article continued)

That was that. They began seeing each other once a week, likely only for 30 or 45 minutes because of her stewardess schedule. Neil had gotten a duplex close to where her parents lived because she moved out of her apartment and in with her parents.

Unannounced, one day, Vicky came into town and knocked on his door.

“Oh! Hi Vicky. How are you? Come on in.”

“I’ve got to talk to you seriously. You sit in that chair and I’ll sit over here.”

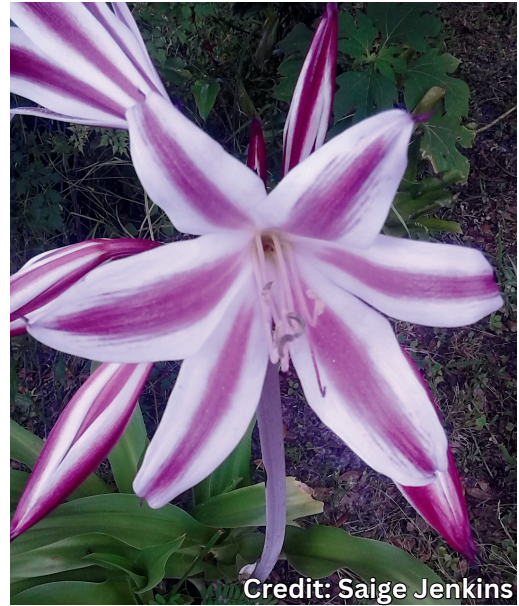
She just told him about her life and what had happened to her. Neil thought, *Well, that’s great. I’m happy for you.* Without warning, the five foot, one and 3/4 of an inch tall and 110-pound young woman gave Neil (six foot, two inches tall and 240-pounds) an ultimatum.

“If you don’t accept Messiah as your personal Savior, this relationship is over.”

What?! “You’re telling me?!”

“I’ll never see you again if you don’t accept Messiah as your personal Savior.”

Well, he didn’t want to lose her, so okay, he allowed her to lead him in (what people call) the sinner’s prayer. When they completed the prayer, he



Credit: Saige Jenkins

didn’t feel anything, no bells, no warm honey, none of Yah’s messengers singing. Nothing. He didn’t feel anything, but he knew. He knew that what she said was true. He knew that he knew that Messiah was real in his life. Eventually, they started to attend a Bible study and a fellowship.

Neil was new to Christianity. Everybody knew Vicky, though. When they would arrive, these guys would come up and give her a hug and then they would try to give Neil a hug.

No way! No man is going to hug me! Come on!

He would fight the hug off and instead shake their hand. They looked at him like “What’s wrong with you?”

Neil and Vicky went to a non-denominational church, and it took him a while to understand all that. From that point on, for six to eight months, Vicky taught him the Scriptures. Neil got so involved that after about 6 months, he just took off and became a student of the Scriptures. That's what they did for the rest of their lives. In 2000, the scripturally strong (married) couple met Tom Martincic and did a lot of counseling for him and the ministry. Vicky got to minister to all these women.

The Gray-Haired Lady

She loved lilies. She was the lily of Westside. She had a lily garden outside the house that was second to none.

Everywhere she would go, she would plant lilies, even around the mailbox post. If there was one, Neil and Vicky had a hundred of them, all different colors. People would come up and ask her how she got such beautiful lilies. They were incredible.

Everybody in town called her the gray-haired lady because every morning she would walk, four blocks and back. Red, their 80–90-lb. Newfoundland dog, almost dwarfed

Vicky. This dog just loved her, and he would let her guide him around town. If he wanted to run away, he could just run off, but no, he stayed on his leash and he walked with Vicky. Everybody in town, especially the children, got to know Red because of what Vicky did. Every now and then, Neil would look out his window and see Vicky coming up the hill with six or seven children walking along with Red. She ministered that way too. She loved children. When Sady's family started growing, Vicky was so proud of Sady's children, of their relationship and their marriage. She was very happy. She loved her children and her grandchildren. They loved her too. She was Mamo to them (and Neil, Papo).

Her Ministry

She didn't like the fact that people would talk about other things than Yahweh. There's one thing about Vicky that you need to know, if it wasn't about Yahweh, she wouldn't talk to you. Period. She would not carry on a conversation. She wouldn't talk about the weather. She wouldn't talk about anything. If it didn't have Yahweh involved in it,

(Featured Article continued)

she wouldn't talk about it. She would talk to women about homeschooling and how Yahweh needed to be the center of it, how their center focus is their husband and she would take them through Scriptures to show them how important a woman of faith – a woman of valor – is to a man, to her husband. It just took off.

The women wanted to hear that. They were drawn to it. She would have these people calling her morning, noon, and night. She loved it because she was doing what she was called to do. Yeah, she was an airline stewardess, and she did this and she did that, all real glamorous things, but she never reached her potential until she began to minister for Yahweh. Then, she couldn't get enough of it. She had a couple of favorite Scriptures:

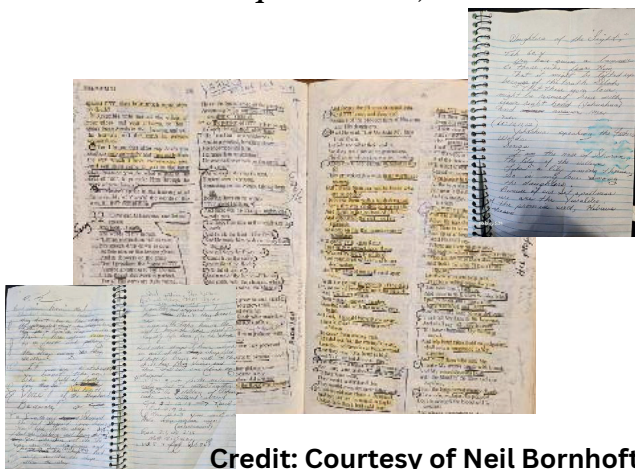
*“The Spirit of the Sovereign
Yahweh is upon me, Because*

Yahweh has anointed me, To preach good tidings to the poor; He has sent Me to heal the broken hearted, To proclaim liberty to the captives, And the opening of the prison to who are bound;” (Isaiah 61:1, NKJV)

“Judge not, that you be not judged. For what judgment you judge, you will be judged; and with the measure you use, it will be measured back to you.” (Matthew 7:1-2, NKJV)

It was a recurring message that she shared with women: Vicky always talked about healing because you can't be complete unless you've been healed. Not as much physically, but as much as spiritually, the healing of the heart, the healing of all the hurt and the stuff that we have acquired in life. It was the message Vicky carried through her life, that she continuously shared: Yah came to heal the brokenhearted, to set the captives free...

Neil's favorite Scripture is *Prov. 4:23* and Vicky picked up on that. She knew that's what it was going to take: we have to guard our hearts because we become those hurts in our heart.



Credit: Courtesy of Neil Bornhoft

They would minister to people together, a lot of married couples. She would do such a great job doing that. Men can pass things up, but not women. They need to talk about it right now. She would get the women to open up, and then look at these men's faces, as if they were thinking, *What? I didn't know that.* She would explain that to them and do such a wonderful job.

Vicky was Scripture oriented. She never gave them advice unless she gave them chapter and verse. She did that so well. She went with that too. That was her goal also, to see women healed, to be a better woman, to be a better mother, to be a better wife. That message she spread everywhere.

She ministered to people everyday, and she loved doing it, sharing the love of Yahushua with whomever called. She talked to hundreds of people, literally. Vicky could get down to business too. She would say, "Hey! You called me! If you want Yahweh to touch you, you've got to listen to what I'm telling you." It was always by the Word. Go to the Word. Go to the Word. She was a no-pull-punch kind of woman with everybody, not just Neil, but he

needed that discipline. He needed someone to make him accountable. That is so important in a relationship. Neil says he is the man he is today because of his wife Vicky.

One of her favorite Scriptures was Matthew 7:1-2 (paraphrased), "*Judge not, lest you be judged. for what judgment you render will be rendered unto you.*"

She used that Scripture all the time and told people, "You gotta forgive them," but it's ironic that she should use that Scripture and have such a struggle.

Her Greatest Struggle

Vicky's greatest struggle in life was to forgive someone in her past. Vicky suffered from a broken heart. She had been accosted as a child and carried that wound all her life. That was instrumental in her passing away because she kept saying (every time they kept praying about it), "It's not fair. It's not fair."

Neil gently prodded. "No, it's not fair, but you still have to forgive him."

She answered, "I can't do that."

They tried over and over and over. She had such a painful experience. Neil understood that people have a

(Featured Article continued)

tendency to take and hide those hurts way back in their heart. They don't come forward until something traumatic happens in their life. It could be a smell. It could be an action. It could be a word and – BOOM! – it comes back to them. It just destroys them, temporarily. That was the same with Vicky.

Her greatest struggle was never conquered, but Neil stood by her regardless. Towards the end of her life, the couple faced it together. She knew Neil was her covering because that's what she talked about all the time. That's what Scripture says. They were in the hospital and Neil was sitting with Vicky in the hospital room. He was there for close to seven months in a private room and had a cot next to her bed. She had trouble even sleeping. She would put her hand off the bed and call out his name. Neil would grab her hand and she knew she had her covering and she would be okay. There would be many nights of her calling out. None of us know how hard it was for Vicky to hold her hand up in the air for eight or nine hours. [She was very weak.] When that happened, she would calm down and understand what was going on.

Vicky's Final Days

It all started with a huge hernia that she had and wanted removed, so they got it removed.

When the surgeons opened her up, they saw that her liver was eaten up, though not cancerous.

They said, "Listen, you've got to have a liver transplant."

Neil thought, Wow. What are we going to do now?

Well, Vicky got sepsis and it was a couple weeks before she received a transplant. By the time the liver arrived, she was just flat wore out. She was taken to the surgery, and Neil went to the surgery waiting room. This is where everybody goes. When the assigned number flashes up, the doctors come forward and tell you about things related to the patient and the surgery. Neil was there for about 20 minutes and his name and number came up.

That was quick.

He stepped into the room and the doctor came in. "Well, listen, I've got some bad news."

Oh great. What happened?

"What happened?!"

The doctor continued, "The liver that we were going to give her was gangrenous. If we would have put



Credit: Courtesy of Sady DeLapp

(Featured Article continued)

that in, she would have died, but we caught it beforehand. We found another one of a young girl that had died in a car accident. It will be here in the morning. So, we got her sedated and moved. She's going to be in at five in the morning."

So they went in and replaced her liver, but she never recovered.

From Neil's Testimony

I know people are going to say, "Well, you know you can't have a transplant. You can't do this. You can't do that."

We prayed. We diligently-DILIGENTLY- sought Yahweh. We prayed over everything. I know they thought I was strange, but I didn't care. I prayed over all the doctors, technicians, the anesthesiologist, and the nurses.

I told them, "She's not going in there until I pray over you guys. Period."

She went in, but she never recovered totally. She got to the point where she was good enough to go to rehab in Carroll, IA which is close to our home. The day that she left the hospital, I had a procedure on my heart. They were supposed to wait until one or two, when I was unconscious to go. Well, they didn't. They left about

nine or ten and took her to Carroll.

I had been in contact with the nursing home. Vicky could not take pills very well. They have a liquid in lieu of a pill because of the transplant. She got to the nursing home [before me]. I got there about five o'clock or so in the evening and she was arguing with this nurse, rather profoundly. The nurse gave her this horse pill.

"You gotta take this." The nurse kept arguing.

I said, "Whoa, whoa, whoa! What's going on here?"

"She's gotta take this."

I said, "Wait a minute! Your administration said that you had liquid. Look right here on this deal. It says, 'Must use liquid.'"

"Well, we don't have any. We're not going to have any for a couple days."

They told me they did, so I got a little warm. "What do you mean?"

"Well, we just don't have any."

Vicky went into a rage and she ended up having a grand mal seizure. My heart at this point was not doing well. We rushed her to the hospital and they took x-rays – no, what do they call it, CAT scans – of her head. It was completely whited-out. It means that her brain was

done for, and her doctor came in.

“You know, I need to talk to you about this. We can keep her alive. I know you are a man of faith, but she is brain-dead.”

“What do you mean?” I’m totally out of it. I can’t believe this is happening.

My two daughters and my son came and we all started talking. They said, “Dad, you just gotta let her go.”

Well, I’ve been married to this woman for 40 years! She was my wife!

“What do you mean, ‘let her go’?!” It was difficult for me to let her go, but Yahweh is Sovereign and He got me through that, but I’ll never forget her. I loved her insatiably and we had a great relationship, a really great relationship. I often called her “my little chihuahua.”

They tried to convince me that keeping her alive would be a detriment to her because that’s what we would have to do. She would have been on feeding tubes. She would have laid in the bed, never left the nursing home. I mean, that’s what it was going to amount to and I thought, *Oh man.*

They said, “Well, listen. Here’s what we’ll do: we’ll put her up in this room and it’s big enough for you all to be in

there and we’ll just..you know...see what happens.”

We went up there and we were up there for about eight hours, at the most. They were giving her medicine so that there would be no pain. I was standing pretty close to her and had a hold of her hand. She just took her last breath, and I was heartbroken.

Here was a woman that loved Yahweh. Everything that she had and she helped hundreds (I’m not kidding you when I say that), hundreds of other women, and she was just gone, just like that.

GONE.

I struggle with that.

I’ve said, “Father, I do this in Your name. I do that in Your name. Why didn’t you answer my prayer?” He showed me (but this isn’t about me, so I don’t need to go through all that). It took me probably six months to a year to quit mourning. I knew what the Father had called me to do, and it’s all because of Vicky. Vicky brought me into Messiah.

Thank you, Elder Neil, for sharing your testimony.

Saige Jenkins

Sister Spotlight

As I saw my **MOTHER**

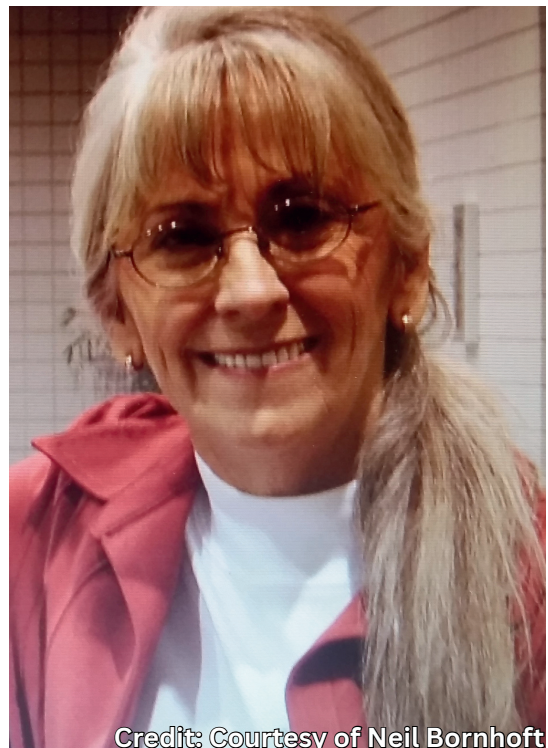
My mama Vicki was a passionate soul. She loved her family, and she loved the Messiah. In her early twenties, she worked as a model and an airline stewardess. Then she found Yahushua, met my dad, and left it all behind to become a stay-at-home wife and mother. That choice did not limit her role in encouraging lives throughout her 66 years.

In her late forties—when I was in my late teens—my parents made a life-changing decision: they left Christianity to follow Yahushua's Torah. This choice reshaped every aspect of our lives. It took years for us to truly embrace a restful, set-apart Sabbath. It's easy to get lost in what we think it should look like instead of simply inviting Abba Yah's presence and finding shalom in our home. My mama did her best to soak up that time in His Word and in fellowship with my dad and me.

She loved making festive desserts

whether chocolate-nut bars, Rice Krispie treats, or no-bake cookies! She always wanted to bless us with a great meal, creating several elements for a full-course dining experience. My mom didn't know how to cook when she first got married, but over the years she became the "Mamo" who always made cookies with her grandchildren.

There was never a moment my mom would skip talking about her Messiah. She spoke with such depth and passion about His goodness—even when she was in the midst of



Credit: Courtesy of Neil Bornhoft

physical battles. Abba walked her through many seasons of pain and rejection, both physical and spiritual. My mom did her best to walk out His grace and mercy for herself and others, even when she didn't know how.

Near the end of her life, she fought hard to stay positive in His presence. The battle for her mind was constant, yet in her last writings she penned these words: "Let the lost see the light." Yahweh carried her through to her final breath. We saw Him walk us through the valley of the shadow of death in her passing.

Today, we rejoice and mourn; rejoice

that she rests in the shadow of the Most High, and mourn because we miss her deeply.

"Trust in Yahweh with all your heart; lean not on your own understanding. Know Him well in all your ways, and He will make your paths straight. Do not be wise in your own eyes; fear Yahweh and turn away from evil."

(Prov. 3:5–7)

Sady DeLapp,
Daughter of Vicki Lynn Bornhoft

YouTube: Quiver Life Sounds /
Sady DeLapp – Family songs &
praises to Yahweh



Credit: Courtesy of Sady DeLapp

Along Life's Journey

The Legacy of the Lily Queen of Westside: Vicky Bornhoft

Vicky grew up among three brothers and one sister near Kansas City, Kansas. She had the occasion to go to church at twelve years old one Sunday and asked Jesus/Yahushua into her heart (and was baptized that same day). She would talk to Yahushua for hours. She didn't have many opportunities to attend church as Sunday was a day for fun and enjoyment in her family. When Vicky grew up she became an airline stewardess for United Airlines, flying all over the world.

Here is an excerpt of her testimony as read by her daughter during her memorial service:



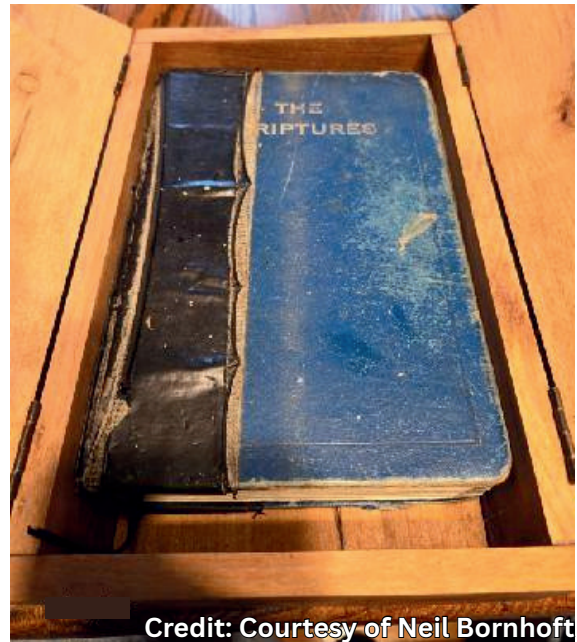
Credit: Courtesy of Canva Graphics

I was in a hotel room during a layover... I was thinking my life was over, all the hurts and insecurities, you name it, were ready to explode inside of me. I had become suicidal, a drunk, and bitter to the core. The glamor of traveling all over the world, plenty of dating, plenty of money, and material things were no longer fulfilling my life. Fear and death overwhelmed me. I didn't know Yahushua died for my sins, and I knew I was doomed for hell. Now I knew he was my friend but not my savior. In my hotel room I was sobbing, and I accidentally opened the drawer next to my bed. There before me was a Gideon bible. I don't ever remember reading the bible, I turned the pages and came up on Psalms 6:6-9, "*I have grown weary with my groaning; Every night I flood my bed; I drench my couch with my tears. My eye has grown dim because of grief; It grows old because of all my adversaries.*"

Depart from me, all you workers of wickedness; For יהוה has heard the voice of my weeping. יהוה has heard my pleading; יהוה receives my prayer." I took that to heart and things began to happen. I met with other believers and a couple I grew up with invited me to dinner. My friend read scriptures on the Holy Spirit; he asked me if I would like to receive the baptism of the Holy Spirit. I said yes. At twenty-four my life was never the same. Yahweh removed me from my old friends, put me in a spirit filled church. One year later, I met my husband, Yahweh directed us to places where he began to teach me the scriptures. Isaiah 61:1, "He came to heal the broken hearted and set the captives free." It has been a long journey of healing and miracles, and he wants to give me much more. Thank you, Yahushua!

Vicky Bornhoft

In the groundwork for this article, I have read notes from interviews, heard testimonies, and have spoken to several of Vicky's loved ones, those



Credit: Courtesy of Neil Bornhoft

that received countless hours of counseling and sisterly phone calls. Everyone was sure to share with me some form of 'Vicky didn't want to talk unless it was about Yahweh and Yahushua.' She often expressed that you must heal spiritually and mentally to heal physically. She knew this firsthand, as she suffered from a broken heart since having been accosted as a young child. She carried that wound with her all her life, struggling with forgiveness towards the perpetrator, and bitterness.

She hid her hurts away in her heart, as most of us do until something triggers them to resurface. Self-doubt and rejection were often a real adversary for her.

(Along Life's Journey continued)

She was able to identify these issues and use them in service to Yah and His people as Romans 8:28 states, *"We know that all matters work together for good to those who love Elohim, to those who are called according to His purpose."* (ISR, 1998) Vicky used her calling to help hundreds of women that were sent her way, to overcome past hurts and damages spiritually, mentally and physically. She spent hours on the phone ministering, counseling, and advising people, helping them to see the hope and the promise of Yahweh and Yahushua. Being instrumental in the healing of hearts and leading others into the loving embrace of Yahushua.



Credit: Courtesy of Sady DeLapp

Vicky is an amazing testimony to young women as a true help meet, a true Proverbs 31 wife as her loving husband recalls. She (fiery and spunky) was a submitted, small, spirit filled woman; protective, attentive, loving, and creative mother to her children and grandchildren as I heard it told. "Mamo" to hundreds of men, women, and children.

She enjoyed and excelled at decorating, doodling, an avid writer, great at making people feel welcome and loved wherever she was. She had an infectious smile, loved to share in the Hebrew dancing, and lilies were a lifetime love. She was known for taking morning walks with her much larger and stronger dog, yet he was content to walk beside her.

When she was asked to host the ladies meeting at Sukkot, she spoke of her (perceived) inadequacy but was bolstered by the confidence others had in her skill and assurance after her talk with Yahushua. She didn't want to have a "Tea Time." Her desire was to create lasting relationships with other women, accepting one another where they are in life and

teaching them to have their identity, a “Daughter of the Light.” Therefore, she accepted the quest and established (what is now) a still growing and expanding sisterhood, The Daughters of Light or DOL!

She wanted others to know they were not alone. There were sisters that would walk through their struggles alongside them, continually pointing them back to Yahweh and Yahushua. Her mantra and the last thing she wrote was “Let the Lost See the Light!”

Yahweh is still using Vicky to further His kingdom in the legacy of love and

faith she displayed and left behind in those of us working with “The Daughters of Light” that she established within Eliyah ministries. First, the women’s meeting, we focus on Yahweh’s love at Sukkot and second, we carry on now as Yahweh calls us to fill some rather BIG shoes.

A verse that was close to Vicky’s heart. She called it “be faithful with a little!” (Luke 16:10) *“He who is trustworthy in what is least, is trustworthy also in much. And he who is unrighteous in what is least is unrighteous also in much.”*

Keleah Gonne

Understanding Me

Early one morning, as I worked on formatting the magazine, I stopped and sat in shock. I had done something weeks earlier. I wasn’t upset or angry with myself, maybe in disbelief.

I wrote a full-length article on *The Power of Forgiveness* and then somehow deleted my only copy of it! I tried to cry, but no tears came. I wanted to be angry, but nothing was there. I was in shock. Numb. Wondering why, but Yahweh had a

plan in mind all along.

I sighed heavily. That article had a lot of time invested in it, and it was gone. What do I do now, Yahweh?

The Spirit of Yah whispered gently into my ear what I was to do. There was no need to explain, the song would explain itself.

You will find the lyrics in the **Creative Corner** section (p.49) and the song: https://youtu.be/CKD20e6_n98?feature=shared

Saige Jenkins

Domestic Violence Column

Although domestic violence can happen to anyone, it is more likely to occur when women have been raised in an abusive home. Childhood trauma increases the likelihood of a woman living in domestic violence.

There are many facets to the intricate struggle within the woman who faces this silent suffering. Addressing the little girl within is such a facet that can become a healing in the heart. Know that when a woman processes her childhood trauma and starts healing, she has taken another step forward to breaking free of domestic violence and reclaiming her own power.

Reconciling Childhood Trauma

Rec-on-cile: to restore friendly relations between. We are going to be reconciling ourselves with our younger self, learning to love our past, present, and future self.

There are tools to successful reconciling and healing, such as the council of wise supportive elders, the Scriptures, and healthy boundaries. As we embrace truth, it will get uncomfortable. Utilize prayer and

ask others you trust to pray as well. You can journal for pouring out and reflection. Above all, submission to Yahweh is key.

The ABC's of Reconciling Childhood Trauma

A: Acknowledge the Wound

Healing begins with honesty before Yahweh. *"Yahweh is near to the brokenhearted ..."* (Psalm 34:18, TS2009, now and throughout.)

B: Bring Your Pain to Yahweh

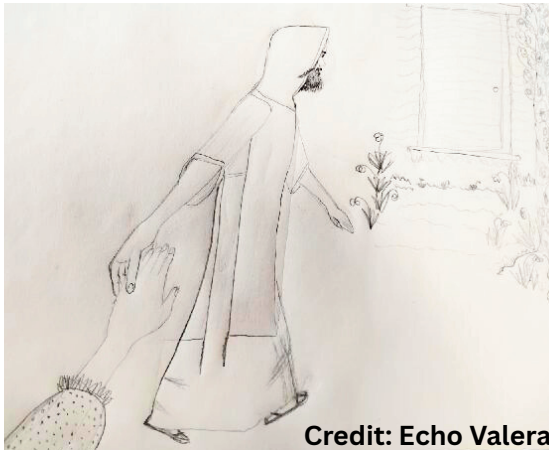
You are not meant to carry it alone. *"Cast all your care upon Him, for He cares for you."* (1 Peter 5:7)

C: Choose Courage Daily

Take healing one courageous step at a time. *"Be strong and courageous ... for Yahweh your Elohim is with you."* (Joshua 1:9)

D: Declare the Truth

Replace old lies with Yahweh's truth. *"You shall know the truth, and the truth shall make you free."* (John 8:32)



Credit: Echo Valera

E: Embrace Yahweh's Love

His love defines you—not your past.

"I have loved you with an everlasting love." (Jeremiah 31:3)

F: Forgive (When You Are Ready)

Forgiveness frees you from the hold of the past. *"Forgive as Yahweh has forgiven you."* (Colossians 3:13)

G: Guard Your Heart

Protect your spirit as you heal. *"Above all else, guard your heart ..."* (Proverbs 4:23)

H: Hope Again

Yahweh restores lost hope. *"For I know the plans I have for you ... to give you hope and a future."* (Jeremiah 29:11)

I: Invite Yahweh into the Memories

He can heal what feels unreachable. *"He heals the broken in heart and*

binds up their wounds." (Psalm 147:3)

J: Journal Your Journey

Write your prayers, progress, and promises. *"Write the vision ..."* (Habakkuk 2:2)

K: Keep Walking Forward

Progress, not perfection. *"... I press on toward the goal."* (Philippians 3:13–14)

L: Let Yourself Feel

Yahweh meets you in honest emotion. *"Pour out your heart before Him; Yahweh is a refuge for us."* (Psalm 62:8)

M: Meditate on Yahweh's Word

His words reshape the inner world. *"Let the word of the Messiah dwell in you richly."* (Colossians 3:16, understood as Yahweh's word)

N: Name Your Needs

Yahweh cares about what you lacked. *"My Elohim shall supply all your need ..."* (Philippians 4:19)

O: Open Yourself to Safe People

Healing often happens in healthy, Yahweh-honoring community. *"Two*

(Domestic Violence Column continued)

are better than one ...” (Ecclesiastes 4:9–10)

P: Pray Persistently

Your prayers matter. *“Ask, and it will be given to you.” (Matthew 7:7)*

Q: Quiet the Inner Critic

Your inner accuser must bow to Yahweh’s truth. *“There is now no condemnation for those who are in Messiah.” (Romans 8:1)*

R: Rest in Yahweh’s Presence

Rest is holy. Healing needs rhythm. *“He makes me lie down in green pastures ...” (Psalm 23:2)*

S: Speak Blessings Over Yourself

Bless who Yahweh is shaping you to become. *“The tongue has the power of life and death.” (Proverbs 18:21)*

T: Trust Yahweh’s Timing

Healing unfolds layer by layer. *“To everything there is a season ...” (Ecclesiastes 3:1)*

U: Understand Your Identity in Yahweh

You are not what happened to you. *“You are His workmanship ...” (Ephesians 2:10)*

V: Visualize Wholeness

See yourself as Yahweh sees you: loved, restored, chosen. *“As a man thinks in his heart, so is he.” (Proverbs 23:7)*

W: Worship Through the Pain

Worship shifts the atmosphere of the heart. *“Put on the garment of praise for the spirit of heaviness.” (Isaiah 61:3)*

X: X-change Ashes for Beauty

Give Yahweh the broken pieces; He gives beauty. *“He will give you beauty for ashes ...” (Isaiah 61:3)*

Y: Yield to Yahweh’s Healing Process

Let Him access the parts you’ve protected. *“Not my will, but Yours be done.” (Luke 22:42)*

Z: Zealously Guard Your Healing

Do not return to patterns Yahweh freed you from. *“Stand firm ... do not be entangled again.” (Galatians 5:1)*



Credit: Digital Artwork by A.M.

Keleah Gonne

Recipes

Beef Stew

An easy, versatile and delicious recipe. Replace beef stew meat with ground beef or ground turkey. Good on your budget too.

- 1 lb. stew beef, cut into 1-inch cubes
- 1 large bell pepper, chopped
- 1 large onion, chopped
- 2 cups tomato juice
- 2 cups water
- 1 lb. cabbage, cored, quartered and sliced
- 1 tsp caraway seeds, optional
- salt and pepper, to taste

Directions:

1. In a large pot, combine the beef, pepper, onion, water, and tomato juice.
2. Bring to a boil, cover the pot, turn down the heat to medium-low.
3. Simmer for 90 minutes.
4. Add the cabbage, caraway seeds, salt, and pepper. Stir well.
5. Cover the pot and simmer for 25 to 30 minutes or until the cabbage is tender.
6. Serve hot with crusty bread.



Credit: Courtesy of Canva graphics

Low Carb Donuts

- 2 1/4 cups almond flour
- 1/2 cup granulated sweetener of choice, cellulose, or monk fruit sweetener
- 1 tsp baking soda
- 4 large eggs
- 1 tsp apple cider vinegar
- 1/4 cup coconut milk (or milk of choice)

Directions:

1. Preheat the oven to 180C/350F. Grease a 12-count donut pan generously and set aside.
2. In a mixing bowl, add your almond flour, sweetener, and baking soda. Mix well. In a separate bowl, add your eggs, apple cider vinegar, coconut and mix together. Combine your dry and wet ingredients and mix well, until just combined.
3. Transfer your donut batter into a zipper plastic bag. Cut one end of the zipper plastic bag and gently squeeze out the donut batter directly into the doughnut pan.
4. Bake the donuts for 12-15 minutes. Remove from the oven and let cool for 5 minutes, before transferring to a wire rack to cool completely. If desired, frost the donuts.

Credit: Courtesy of Canva graphics

Susan's Encouragement Corner

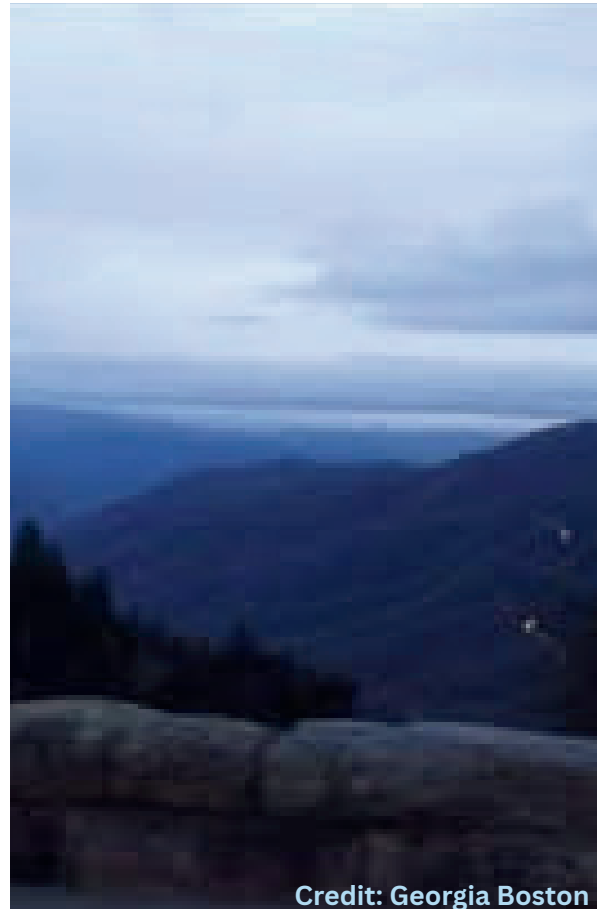
Forgiving Ourselves: Walking in Yah's Light

Winter greetings, my lovely sisters in faith. Praise Yah that we are able once again to gather and share another article. As winter surrounds us, let's grab a hot cup of coffee, hot chocolate, or the drink of your choosing, curl up in our favorite spot, and share this time together.

Learning to forgive ourselves begins with understanding Yah's forgiveness. When we compare forgiving others to forgiving ourselves, we sometimes feel it's noble to refuse self-forgiveness—as if punishing ourselves could somehow atone for our sins. But this is not the message of the gospel. The Torah is clear: we cannot make up for our own sins. We are sinners, dead in transgressions.

Romans 3:23, “For all have sinned and come short of the esteem of Elohim.” (TS2009, now and throughout.)

Romans 6:23, “*For the wages of sin is death, but the favorable gift of Elohim is everlasting life in Messiah Yahushua our Master.*”



Credit: Georgia Boston

Ephesians 2:1–5, “*And you were dead in trespasses and sins in which you once walked according to the course of this world, according to the ruler of the authority of the air, of the spirit that is now working in the sons of disobedience among whom also we all once lived in the lust of our flesh doing the desires of the flesh and of the mind, and were by nature children of wrath, as also the rest. But Elohim, who is rich in*

in compassion, because of His great love with which He loved us, even when we were dead in trespasses, make us alive together with Messiah by favor you have been saved.”

Living in guilt or self-punishment is a denial of the truth of the gospel.

Oddly enough, forgiving ourselves means admitting our own sinfulness. We must acknowledge that we are imperfect and cannot be perfect on our own. We must reject the idea that our efforts can atone for our wrongdoings. Forgiving ourselves means walking in the fullness of Yah’s grace, letting go of self-condemnation and embracing the truth that the Father of the universe loved us so deeply that He not only created us, but through His Son, overcame our rebellion.

When we are saved, we become children of Yah:

John 1:12, *“But as many as received Him, to them He gave the authority to become children of Elohim, to those believing in His name.”*

Philippians 2:12–13, *“Work out your own deliverance with fear and trembling. For it is Elohim who is working in you both to desire and to work for His good pleasure.”*

John 14:16–17, *“Truly, truly, I say*

to you, a servant is not greater than his master, nor is an emissary greater than he who sent him. If you know these teachings, blessed are you if you do them.”

Ephesians 1:13, *“In whom you also, having heard the word of truth, the Good News of your deliverance, in whom also, having believed, you were sealed with the set-apart Spirit of promise.”*

Our sins may be genuine and heartbreaking, but Yah is faithful. Even our struggles can be used for his glory and our good. Yah helps us endure and seek redemption.

James 1:25, *“But he that looked into the perfect Torah, that of freedom, and continues in it, not becoming a hearer that forgets but a doer of work, this one shall be blessed in his doing of the Torah.”*

It’s hardest to forgive ourselves when our sins have negatively impacted others. It’s important to ask for forgiveness and reconcile if possible. Living in shame won’t fix broken relationships or undo harm—but Yah’s truth and His Word can.

1 Timothy 1:15–17, *“The saying is sure and worthy of full acceptance, that Yahushua came into the world to save sinners of whom I am the*

(Susan's Encouragement Corner continued)

foremost. But for that very reason I received mercy, so that in me, as the foremost, Yahushua might display the utmost patience, making me an example to those who would come to believe in Him for eternal life. To the King of the ages, immortal, invisible, the only Elohim, be honor and glory forever and ever."

Paul didn't live in shame or regret. He understood Yah's great salvation and rejoiced in it. He received forgiveness and allowed Yah to use him for his glory.

Romans 7:8, *"But sin, having taken the occasion through the command, worked in me all sorts of covetousness. For apart from Torah, sin is dead."*

We see yet another example of Paul's struggles with his sin nature and this is a common battle to us all.

When thoughts of past sins creep in, turn them into praise. Thank Yah for His mercy. Remind yourself of His grace. Let these thoughts lift you up instead of weigh you down. Be a reminder of Yah's faithfulness. Pray for endurance. Receiving Yah's forgiveness in its fullness brings freedom.

Galatians 5:1, *"In the freedom with which Messiah has made us free,*

stand firm then and do not again be held with a yoke of slavery."

2 Corinthians 7:10, *"For sadness according to Elohim works repentance to deliverance, not to be regretted, but the sadness of the world works death."*

Being a follower of Yah means forgiving the inexcusable—not only in others, but in ourselves. Yah has forgiven the inexcusable in us. We must choose to let go of these matters, to no longer let them define who we are or how we live.

Matthew 18:21–22, *"Then Kipha (Peter) came to Him and said, 'Master, how often shall my brother sin against me, and I forgive him? Up to seven times?' Yahushua said to him, 'I do not say to you up to seven times, but up to seventy times seven."*



Credit: Saige Jenkins

If we are to forgive others this much, how much more has Yah forgiven us? Yet we struggle to forgive ourselves. These burdens become heavy and rob us of joy—the joy we should feel in Yah’s forgiveness.

You give others the freedom of forgiveness — now release yourself from the self-inflicted prison of shame. Yah has already forgiven you.

Psalm 103:12, “*As far as east is from west, so far has He removed our transgressions from us.*”

Romans 6:4, “*We were therefore buried with Him through immersion into death, so that as Messiah was raised from the dead by the esteem of the Father, so also we should walk in newness of life.*”

We are never too young to seek truth and never too old to start over. As a woman coming into Torah at 63, I can attest to this truth.

Psalm 92:12–14, “*The righteous one flourishes like a palm tree, he grows like a cedar in Lebanon. Those who are planted in the house of Yahweh flourish in the courts of our Elohim. They still bear fruit in old age; they are fresh and green.*”

Each trial we’ve faced was placed in our lives to teach us, to draw us closer to Yah, and to equip us to



Credit: SS Clip Art on Canva

reach others in ways that bring them closer to Him.

Forgiving ourselves gives us the freedom to embrace the opportunities Yah wants us to have—to relate to others, to shine, and to live fully in His grace.

How can we be this light if we can’t even forgive ourselves? If we don’t accept the freedom Yah already gave us when we repented and turned our lives over to Him?

I believe He wants us to “let go and let Yah.” Our breath will come easier, our burdens lighter, when we allow ourselves to receive the forgiveness Yah has already extended. I can almost see Him gently shaking His head, saying, “I

(Susan's Encouragement Corner continued)

forgave you—and you can't forgive yourself?"

Our countenance will reflect more of what Yah desires for us if we let go of the past and walk into the future He has prepared. He set us free—not to live in regret, but to live in joy. Free to be His, for however long we are granted on this earth. Free to shine our light so others may see our joy in Yah and be moved to seek that same peace and joy.

Sisters, I hope and pray that you are uplifted by these words and that you give yourself the grace of forgiveness, just as Yah has forgiven you.

This study has helped me deeply. I have done much, been forgiven much, yet I still struggle to forgive myself—especially when it comes to my children. They were not raised in a “good” way, because I was not walking with Yah during those years. I’ve asked them for forgiveness. Two of the four have accepted, but I haven’t spoken to the other two in years. As you can imagine, that is very painful.

Still, I pray — Yah willing — that we will one day be reconciled. For now, I must leave it in Yah’s more than capable hands.

Thank you, sisters, for taking the time to read this article. It is such a joy and blessing to not only share, but to grow stronger in faith by connecting with each of you.

May Yah bless you and watch over you. Until we gather again for the next article, let us walk as closely as we can with our Father, learning and growing in His word and His love.

Much love,
Sister Susan



Credit: DOL Photography

Creative Corner

Make No Mistake

(Verse 1)

Forgiveness, the key, unlocks
The door to peace, and healing.
Forgiveness, the soil, that Yah nurtures,
Emotional healing and to love again.
What stands in the way of letting go:
The hurt, the pain, anger at a foe?
In order to forgive, I must do what
I don't feel like doing...

(Chorus)

Make no mistake,
Forgiveness just doesn't pay
Assume the loss, don't fight in any way.
Forgiveness is a choice that you make;
It looks back, then leaves,
With nothing at stake.

I fin'llly forgave and the tears flowed free;
I felt so relieved, a cleansing in me.
When I refused to remember the pain,
My heart quickly healed again.
I chose to forgive.

(Verse 2)

Those who I built my world around,
One by one left to make a
Name for themselves.
It tore me up inside to watch
Them leave it all,
Turn their backs on Yah and
Live so big and tall.

Left with little and struggling hard,
We had to start all over again.
In order to forgive, I must do what
I don't feel like doing

(Chorus)

Make no mistake,
Forgiveness just doesn't pay
Assume the loss, don't fight in any way.
Forgiveness is a choice that you make;
It looks back, then leaves,
With nothing at stake.

I fin'llly forgave and the tears flowed free;
I felt so relieved, a cleansing in me.
When I refused to remember the pain,
My heart quickly healed again.
I chose to forgive.

(Chorus Repeat)

I chose to forgive.
I choose to forgive.

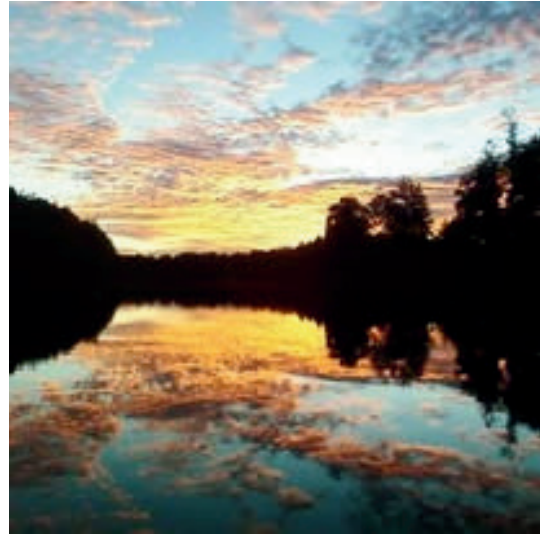
Saige Jenkins
(08/09/10)

אור A Light in the Darkness

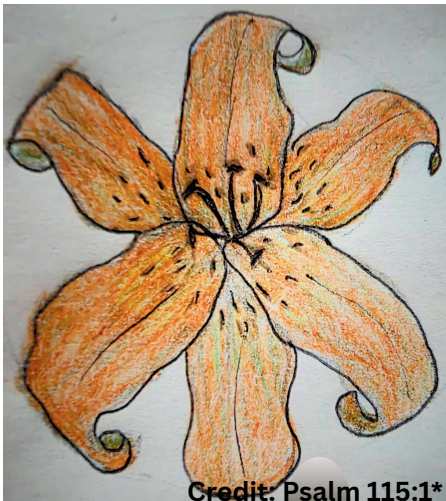
(Creative Corner continued)



Credit: Psalm 115:1*



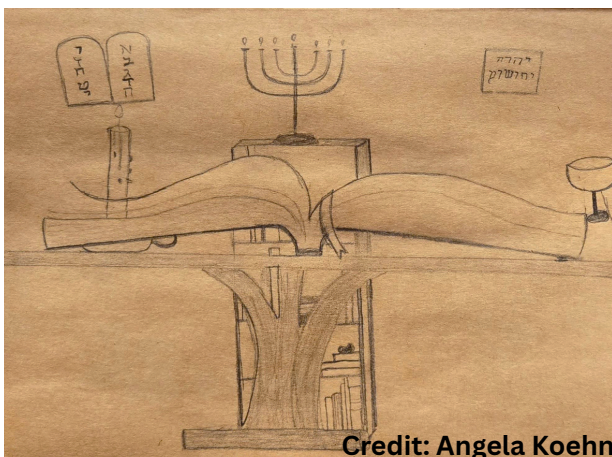
Credit: Georgia Boston



Credit: Psalm 115:1*

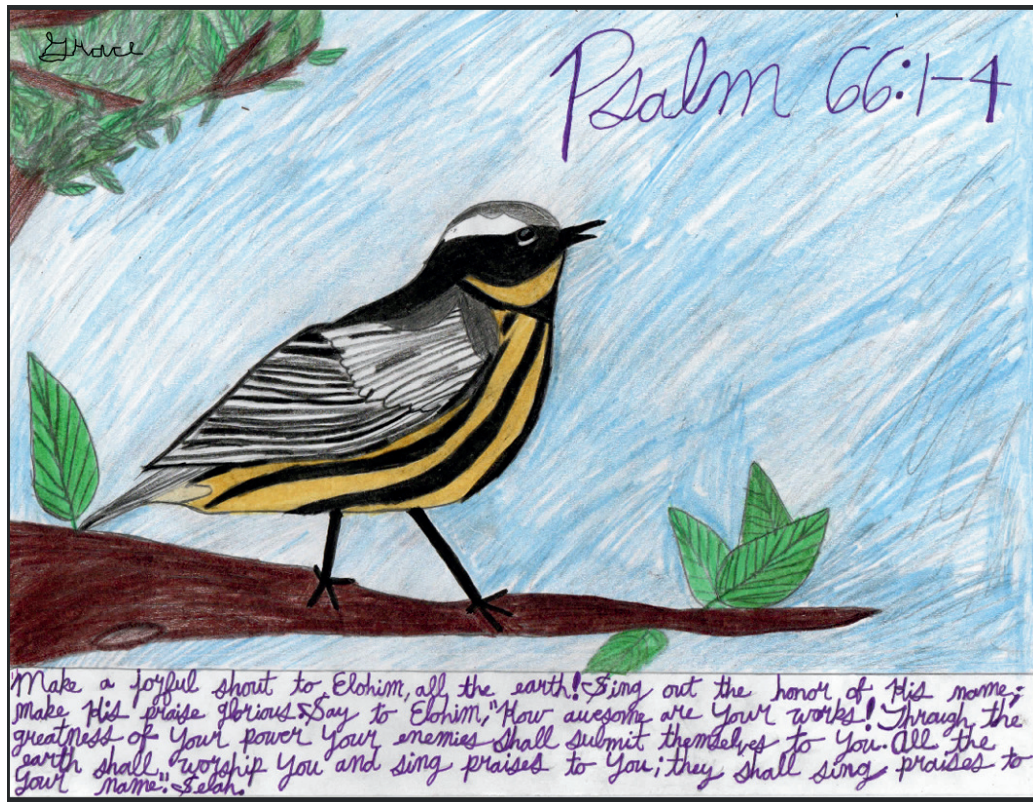


Credit: Jessica Rivera

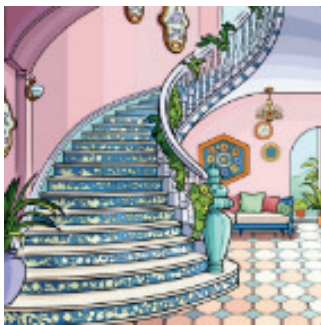


Credit: Angela Koehn

*Artists prefer to use Scripture reference as credit.



Credit: Grace Davis



Credit: Ariana Martincic



Credit: Susana Malm



Credit: Terry Truskey

Prayer Mirror

“Rejoice evermore. Pray without ceasing. In everything give thanks: for this is the will of YAH in Messiah Yahushua concerning you.” (1 Thessalonians 5:16-18, adapted from KJV now and throughout.)

My first "prayer room" was underneath the staircase. I used post-it notes and attached prayer requests to a long wall mirror. It worked great until we moved & downsized. I loved my new home, but there was no staircase, no small closet, and no place for a small prayer room!

After receiving prayer requests and telling others that "I will pray," I found myself busy, forgetting names and sometimes even the request! A sad situation to say the least.

A trip to my local Salvation Army store solved the dilemma. I now had a place to write everything. I purchased a very large mirror & used a dry erase marker. The names and prayer requests were easily added or erased.

I'm a very visual person and the mirror worked perfectly. I'm constantly reminded of all the people who need prayer. As I walk into that

room many times a day, names just seem to jump off the mirror! The FATHER is FAITHFUL and will do exceedingly, abundantly, above all I ask or think.

The prayer mirror has been an inspiration to me. I've seen healing, comfort, blessing, provision, families reunite, and the barren conceive.

When I'm having a bad day, I see all the names and requests on the mirror. Oh how my problems pale in



Credit: SS Clip Art on Canva

comparison when I see the needs of others. I see grieving widows, lost souls, people in physical pain, families in turmoil, marriages in crisis, women who have had miscarriages, and a family whose home burned (they lost everything, including their pets). These requests help me to take the focus off of myself (my problems, my cares) and

focus on others. My bad day just became brighter!

YAH is FAITHFUL! Oh, how HE loves HIS children!

Ask and it shall be given. Seek and ye shall find, knock and it shall be opened! (Matthew 7:7)

Pray Sister pray!

Blessings, Robin 

Praise Reports

Brothers and sisters are coming together to help widows with homes for the winter, blessing them and their children with tiny homes.

The brothers are bringing together their skills and talents to make this happen. I am encouraged to see how Yahweh works through them to provide for the widowed and fatherless.

I would like to personally thank all the sisters that were praying for me. My prayer was for a more enjoyable Sukkot, instead of piling upon myself more work behind the scenes (which is one of my bad habits).

I enjoyed taking time to sit with

other sisters, talking and sharing our lives with each other. I also enjoyed going to sleep at a decent hour.

I am thankful for the DOL Team, the volunteers for Abraham's Tent, and sisters who spontaneously popped up to help at a moment's notice, whether it was with tasks or casual conversation. You have no idea how Yahweh used you to encourage me and prod me forward. I am blessed to have you in my life.

To Yahweh be all the glory and honor as the shalom He blessed me with during Sukkot has lasted even until now. Prayer is a powerful tool that works in amazing ways!

Saige Jenkins



Kids' Corner

To honor the original found of the Daughters of Light, Vicki Bornhoft, we will be using some of her favorite Scriptures for the fill in the blank

section. I pray that these Scriptures bring you joy as they did her.

Shalom!

Melissa Paris

Fill in the blank:

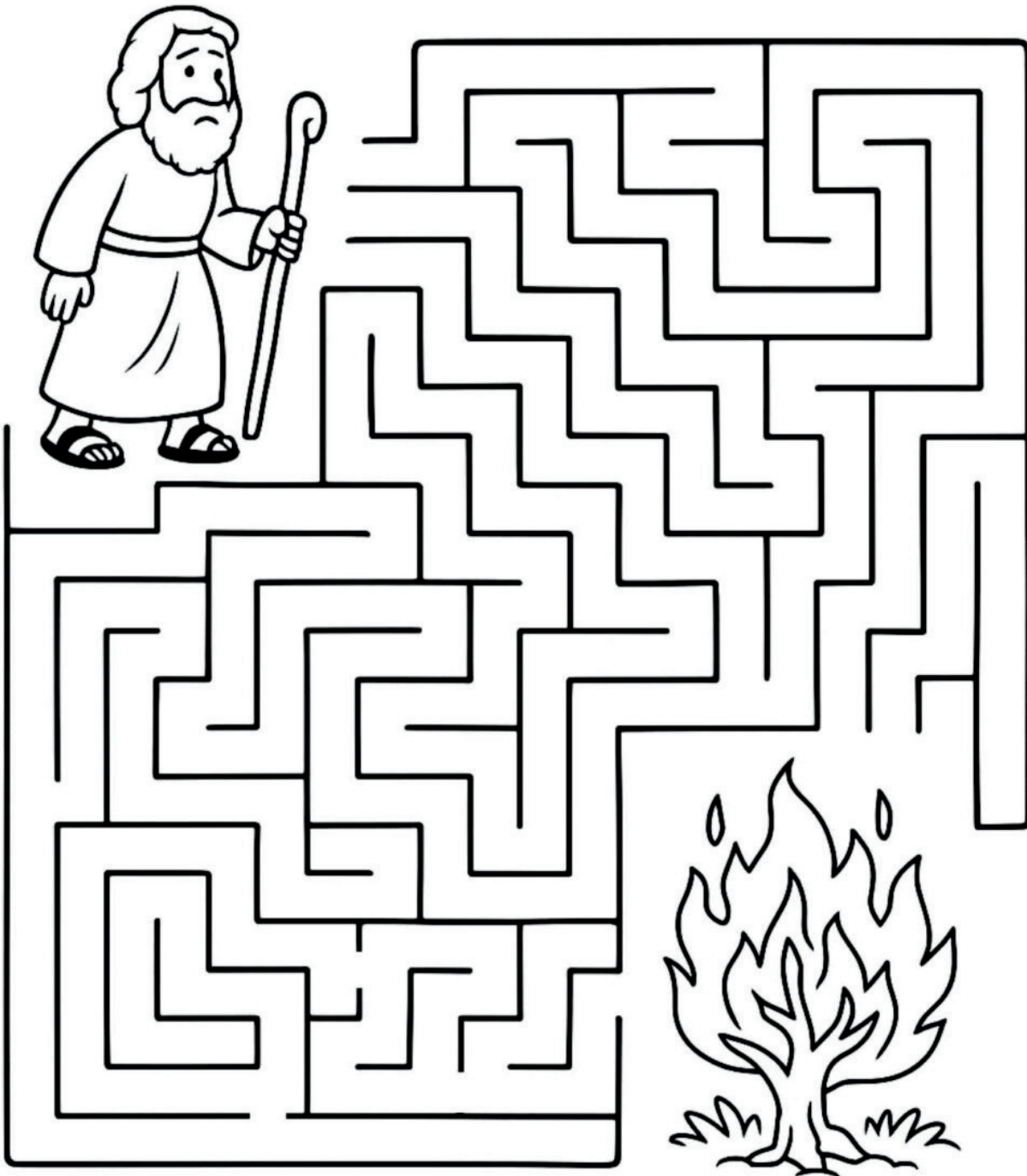
As the deer pants for _____ of water, so my _____ pants for you, my Elohim. Psalms 42:1 (KJV)

Come to me, all you who are _____ and burdened, and I will give you _____. Take my yoke upon you and _____ from me, for I am gentle and _____ in heart, and you will find rest for your souls. For my _____ is easy and my burden is light." Matthew _____ 28 - _____ (KJV)

"Whoever can be _____ with very little can also be trusted with _____, and whoever is _____ with very little will also be _____ with much. Luke _____ : 10 (KJV)

Exodus 3: 1-2

Help Moses Find the Burning Bush



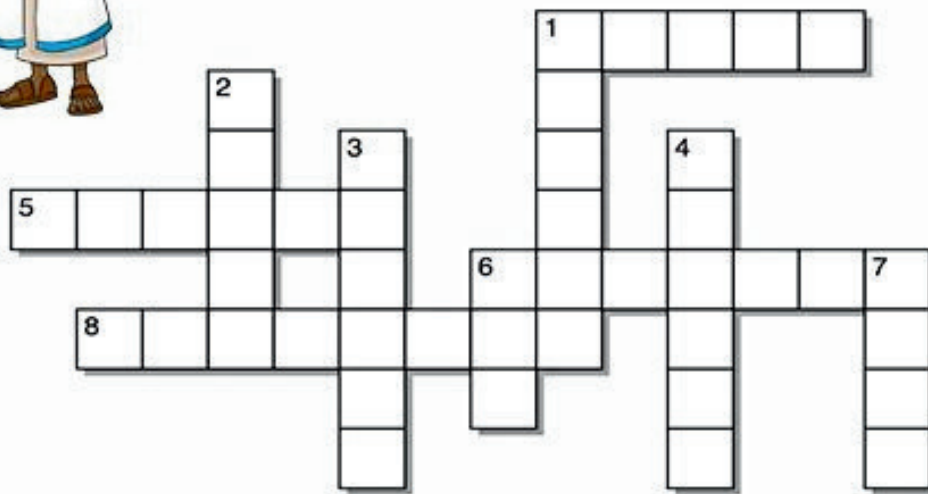


(Kids' Corner continued)

Bible Pathway Adventures

CROSSWORD

JOSEPH



ACROSS

- 1) "You are ____; you have come to see the nakedness of the land."
(Genesis 42:9 ESV)
- 5) Joseph's brothers sold him for twenty pieces of _____. (Genesis 37:28 ESV)
- 6) Who bought Joseph from the Ishmaelites? (Genesis 39:1 ESV)
- 8) To which brother did Joseph serve more food? (Genesis 43:34 ESV)

DOWN

- 1) Which brother did Joseph keep as his prisoner in Egypt? (Genesis 42:24 ESV)
- 2) The famine lasted for _____ years. (Genesis 41:54 ESV)
- 3) Joseph helped Pharaoh understand his strange _____. (Genesis 41:25 ESV)
- 4) Joseph was _____ years old when he began working for Pharaoh.
(Genesis 41:46 ESV)
- 6) Joseph's brothers threw him into a _____. (Genesis 37:24 ESV)
- 7) Israel gave Joseph a special _____. (Genesis 37:3 ESV)

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From the Editor

It is my great pleasure to write about the woman who launched this group. I recently learned about Vicky and the founding of the Daughters of Light. Honestly, I thought it all began in the kitchen—the day I asked Angela and Saige if the newsletter had an editor. Back then, it was just a newsletter... and somehow it grew into this incredible magazine!

During one of our weekly magazine meetings, I received a list of notes from an interview with Vicky's daughter. How kind of her to share those details and give us a glimpse into her mother's life. I also had the privilege of meeting Vicky's husband, Elder Neil, at Sukkot in Missouri last month. Everything I've heard about Vicky makes me believe I would have adored her. Earlier this year, Elder Neil was instrumental in helping me through a terribly difficult time. His words of encouragement and prayers were exactly what I needed.

Ladies, if you ever need prayer, conversation, or simply a hug, please reach out to someone. There are so many people that genuinely care about you—and I am one of them.

Vicky cared about you too. So much so that her legacy lives on through these amazing women who sacrifice and give their all. While I can't relate to everything I've learned about her (she had a sweet tooth—I don't), I can see that she was a kind and caring woman, the kind you could sit and talk with for hours. At least, that's what I imagine. Her heart's desire was to see the Daughters of Light gather and form a lasting sisterhood. Mission accomplished! I wouldn't trade these ladies for oceanfront property. Her life and mine share some parallels, and overall, I think she had fabulous taste and a heart of gold. I sure wish I could have met her.

I wonder if what you've read about her in this issue reminds you of someone in your life. If it does, let me encourage you to spend time with those you love. They may not always be here. Enjoy their company—the minutes go by so fast.

Vanessa



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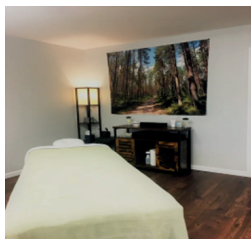
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Here's this week's Sabbath school lesson!

Shabbat Shalom!



Sabbath school for???

- ☒ Children
- ☒ Adults
- ☒ Whole family

link in the comments below

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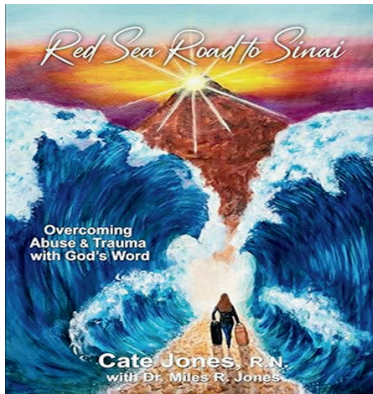
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"He shall be like a tree planted by streams of water that brings forth fruit in its season, whose leaf shall not wither; and whatever he does shall prosper." Psalm 1:3

Inquire/submit to **daughtersoflight@elijah.com**

Submission deadlines:
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Volume 3 Issue 3: 04/24/2026
Volume 3 Issue 4: 08/21/2026

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<https://elijah.com/light/rules-and-regulations-for-artists/>

Credit: Grace Davis

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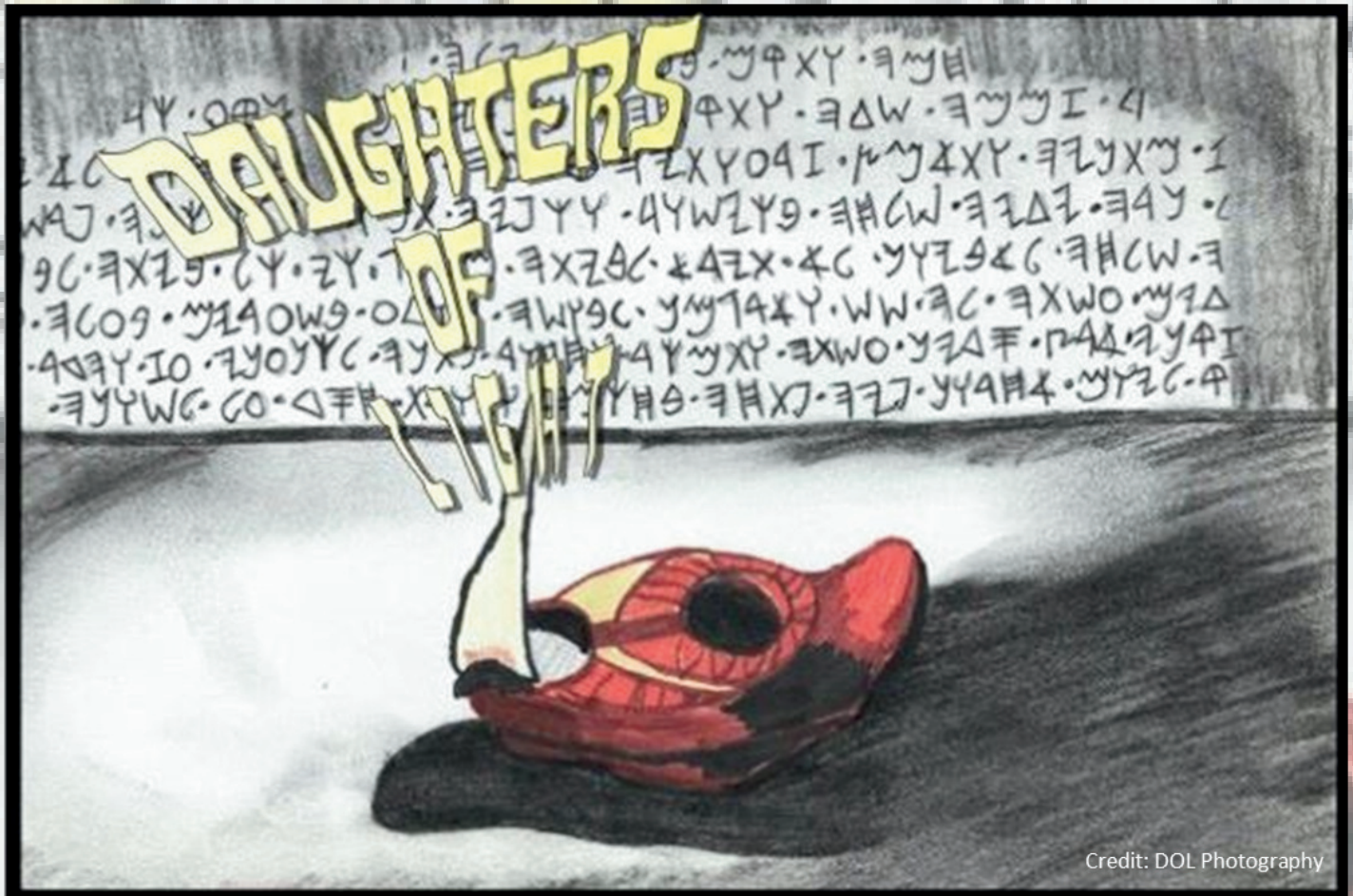
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(shamayim).
(Matthew 5:16)*